



## *volunteer opportunities*

*Making Each Moment Matter*



Cedar Valley Hospice

Waterloo Central Office  
2101 Kimball Ave., Suite 401  
Waterloo, IA 50702  
319.272.2002  
800.617.1972

Grundy Center Office  
310 East G Ave.  
Grundy Center, IA 50638  
319.824.3868  
888.878.3868

Independence Office  
801 First St. East  
Independence, IA 50644  
319.334.6960  
888.273.8957

Waverly Office  
207 20th St. NW  
Waverly, IA 50677  
319.352.1274  
877.485.7081

Hospice Home  
2001 Kimball Ave.  
Waterloo, IA 50702  
319.272.1771

[www.cvhospice.org](http://www.cvhospice.org)



*take time*

## *about us*

Cedar Valley Hospice is a not-for-profit agency that provides physical, emotional, social, and spiritual support for terminally ill patients and their families. Hospice services are available to people of all ages who are suffering from any life-limiting illness. Patients are able to stay in the comfort of their own homes, with pain under control and surrounded by loved ones. Emphasis is placed on maintaining quality of life and personal dignity while supporting the entire family before, during, and after the death of a loved one.

*“They come as a volunteer and they leave as a confidant and friend.”*

-Cedar Valley Hospice family survivor

## *volunteer support*

As a patient and family volunteer, you will have the opportunity to help people during a critical time in their lives, assisting them in *Making Each Moment Matter*. There are a variety of volunteer opportunities including patient and family support, grief support, children's programs, Hospice Home, office assistance, or fundraising. Volunteers may select which program meets their interests and time availability.

### *Patient and Family Volunteers*

Cedar Valley Hospice volunteers are assigned to patients and families in hospice care or on our palliative care program. They become friends who listen and respond to patient and families' needs with understanding and empathy. Volunteers help maintain a sense of normalcy and quality of life. Tasks may include providing companionship to hospice or LINK patients, offering respite care for the caregiver, shopping, running errands, providing transportation or assisting at the Hospice Home.

### *Grief Support*

Volunteers function as sensitive listeners to family members after a loss. They stay in contact through phone calls or home visits and accompany family members to grief support and social events.

### *Eucalyptus Tree*

Children grieve differently than adults. The Eucalyptus Tree Program exists to help children who are grieving the death or terminal illness of someone special to them. Volunteers are the key to this successful program. Volunteers may help with Katie and Quincy Koala, serve as a Grief Mentor, work with a peer group, or provide support to children at the Cedar Valley Hospice Home.

### *Cedar AIDS Support System (CASS)*

Volunteers for CASS play an important role in helping individuals living with HIV and AIDS. CASS volunteers provide practical and emotional support and act as sensitive listeners to clients and their loved ones. Many volunteers also help by providing transportation to and from medical appointments.

### *Other Support*

Other volunteer opportunities are available at Cedar Valley Hospice. These include assisting with office duties and mailings, working at fundraising events, gardening, and serving on various committees.

## *volunteer responsibilities*

- Make a year commitment
- Attend training sessions & in-services
- Donate at least one hour a week
- Be in good physical & emotional health
- Be a sensitive & empathetic person
- Be a good listener
- Maintain confidentiality
- Be comfortable with varied spiritual beliefs and cultural backgrounds
- Have reliable transportation
- Not be in active treatment for cancer or have a family member in treatment
- Not have experienced the death of a family member or loss through divorce or separation within the past year

## *making a difference*

If you are interested in serving our community through volunteer work, please fill out the form included in this brochure and return it to any Cedar Valley Hospice office. A volunteer coordinator will be in touch with you about your involvement.

As a new volunteer you will take part in an interview, a background screening, and orientation. You will also receive special training to prepare you for your volunteer role.

**yes!** I would like more information on becoming a Cedar Valley Hospice Volunteer.

I am interested in:

- o Patient and Family Volunteer
- o LINK Volunteer
- o Grief Support Volunteer
- o Eucalyptus Tree
- o Hospice Home Volunteer
- o Cedar AIDS Support System (CASS)
- o Administrative Support
- o Fundraising Events
- o Office Work

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/Zip: \_\_\_\_\_

Telephone \_\_\_\_\_

*Please complete and return to the nearest Cedar Valley Hospice office.*



*take time*

to make a difference.