CEDAR VALLEY HOSPICE

LINK Palliative Care LISTEN . INFORM . NAVIGATE . KNOWLEDGE





Established in 1979, Cedar Valley Hospice is the expert provider of hospice care in Northeast Iowa. As a non-profit, we uphold the highest standards for our employees who help families manage advanced illnesses and symptoms 24 hours a day. We provide care for all – regardless of age, diagnosis or ability to pay. Our other services include: the area's only Hospice Home, palliative care, adult and children's grief programs, and case management for those with HIV or AIDS.

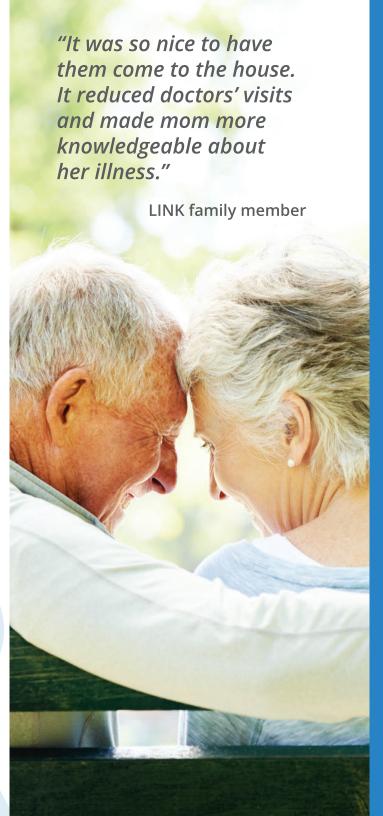
You can depend on Cedar Valley Hospice to provide the highest quality care for you and your loved ones, allowing you to focus on *Making Each Moment Matter!*

Anyone can make a referral.

It's never too soon to call and find out what resources are available to you.

Call us at 800.626.2360.





What is LINK?

LINK is the palliative care program of Cedar Valley Hospice. It provides supportive care and case management to individuals and families facing a serious illness, who may not be eligible for, or seeking, hospice services yet.

Goals of LINK:

- Listen to patients and families
- Inform patients and families of resources in their communities
- Navigate the health care system
- Knowledge / educate patients and families on health care choices and treatments



What is palliative care?

Palliative care (pronounced PAH-LEE-UH-TIVE) means to make comfortable by treating a person's symptoms. Palliative care may be offered at any time during a person's illness, and can be provided along with curative treatment. Frequency of visits is determined by the patient and family's needs in conjunction with the LINK team.

ELIGIBILITY - Patients must be diagnosed with a chronic or life-limiting illness and have a physical and/or psychosocial need related to the illness.

When to consider LINK

It may be time to consider LINK if you or your loved one experience:

- Recurring hospital admissions or emergency department visits
- Challenges with symptom management
- Difficult decisions regarding treatment options
- Distress, anxiety or loss of hope
- A need for medication recommendations including monitoring/management
- Conflict among patient and family regarding the course of treatment

Paying for services

A monthly fee will be determined based on household size, current income and medical expenses. If you have private insurance, we will attempt to bill your insurance company. However, you will be responsible for any remaining charges.

- For those meeting the income guidelines, the LINK team will discuss a sliding fee scale.
- You will not be denied services based on your inability to pay.

Anyone can make a referral, including: health care professionals, family members, friends and clergy.



The LINK team

The LINK team consists of:

- · A registered nurse
- · A social worker
- Patient and family
- · Patient's physician
- Volunteers

Together, the LINK team works to develop an individualized plan of care that meets the patient's physical, emotional and spiritual health needs. The plan of care may address pain or symptom management, education on diagnosis, treatment, anxiety or fear.

Benefits of LINK

- Ongoing assessment of patient's wellness
- Expert pain and symptom control
- Emotional support
- Improved communication between the patient and health care providers
- Education regarding illness, treatment options
- Assistance coping with the illness
- Improved quality of life for the patient
- Support and education regarding the future, and/or hospice eligibility
- Assistance with completion of advance care plans



Making Each Moment Matter.

Central Office

P.O. Box 2880 Waterloo, IA 50704 319.272.2002 800.626.2360

Grundy Center Office

310 East G Ave. Grundy Center, IA 50638 319.824.3868

Independence Office

801 First St. East Independence, IA 50644 319.334.6960

Waverly Office

209 20th St. NW Waverly, IA 50677 319.352.1274

Hospice Home

2001 Kimball Ave. Waterloo, IA 50702 319.272.1771

ATTENTION: Free language services are available at no charge to you. Call 800.626.2360.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800.626.2360.

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer 800.626.2360.





