CEDAR VALLEY HOSPICE

Grief Services





aking Each Moment Matter.



Mission

To enrich lives with knowledge, respect and compassionate care.

About us

Established in 1979, Cedar Valley Hospice is the expert provider of hospice care in Northeast Iowa. As a non-profit, we strive daily to carry out our mission and uphold the highest standards for our employees who help families manage advanced illnesses and symptoms wherever they reside or at our Hospice Home. We provide in-home care for all – regardless of age, diagnosis or ability to pay. Our other services include: the area's only Hospice Home, palliative care, adult and youth grief programs, and case management for people living with HIV.

Anyone can make a referral. It's never too soon to call and find out what resources are available to you. **Call us at 800.626.2360.**

"I couldn't imagine all I would need when my husband became sick, but Cedar Valley Hospice was right there every step of the way. They grounded me and surrounded me, so I could focus on enjoying life again."

Roxanne Kolder wife and daughter of hospice patients

Grief services

Cedar Valley Hospice Grief Support Services provide counseling, support groups and education on dying, death and grief. The goal of Grief Support Services is to help family members and friends cope with the death of a loved one.

Grief services are available, free of charge, to *anyone in the community* grieving a death.

So many are afraid to ask for help after a loved one dies, but Cedar Valley Hospice's experts can provide support that often makes this transition easier.

We also understand that youth grieve differently than adults. The Eucalyptus Tree youth grief program helps youth ages 3-17 who are coping with the death or chronic illness of someone close to them.

Support groups

Grief support groups explore the grief process and the emotions which accompany the grief journey. These groups present important information about grief and the opportunity to share with others. Call us or visit cvhospice.org for a list of available groups.

Counseling

Some people find they would benefit from professional support or counseling. Individual, couples and family sessions may be arranged by calling the Cedar Valley Hospice office nearest you.



Additional support

Grief support services offer emotional support to anyone facing the death of a loved one. The following support services are also a part of the grief support program:

- Assessment of individual needs
- Telephone consultations
- Virtual conversations via phone/computer
- Grief support groups and workshops
- Private Facebook group
- Bereavement mailings
- Celebration of Life event (annually)
- Referrals to other community professionals
- Resources on our website
- Books, pamphlets and videos on coping and understanding the grief process are also available upon request

The Eucalyptus Tree: Youth grief services

We understand that the death of a loved one is hard for a young person. Clear, accurate and age-appropriate communication with unconditional support is critical in helping youth through a difficult time.

It's important to include young people in tough conversations. This promotes trust and resilience.



Katie and Quincy Koala are also available to visit and offer friendship, support and hugs to younger children, ages 3-8, while encouraging communication between children and adults on illness, death and grief.

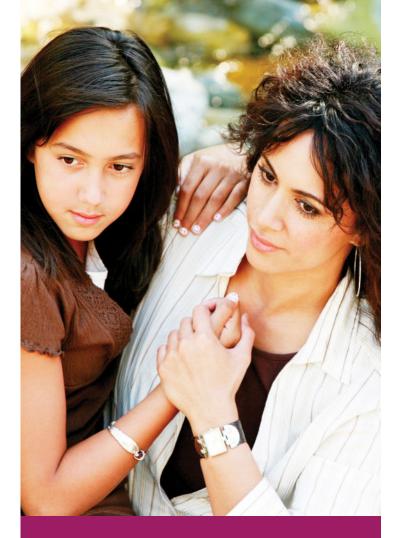
Eucalyptus Tree support services

- Grief support and death education for ages 5-17
- Katie & Quincy Koala for ages 3-8
- Guardian consultation and support
- Family support sessions
- Support to area schools
- Grief camp (annually)
- TreeTV videos for youth and families on our website offer crafts, stories and conversations relating to the grief experience.
 Scan QR code

to view videos







"The hardest thing I've ever had to do was to tell them their dad was dying. The Eucalyptus Tree program was a savior for my children and I."

Jennifer Toneff mom of Eucalyptus Tree youth



Making Each Moment Matter.

Central Office

900 Tower Park Dr. P.O. Box 2880 Waterloo, IA 50704 319.272.2002 800.626.2360

Grundy Center Office

310 East G Ave. Grundy Center, IA 50638 319.824.3868

Independence Office

801 First St. East Independence, IA 50644 319.334.6960

Waverly Office

300 East Bremer Ave., Suite 100 Waverly, IA 50677 319.352.1274

Hospice Home

2001 Kimball Ave. Waterloo, IA 50702 319.272.1771

ATTENTION: Free language services are available at no charge to you. Call 800.626.2360.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800.626.2360.

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer 800.626.2360.



