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PRESS RELEASE

Learn about hospice care by scheduling a free presentation with Cedar Valley Hospice

Waterloo, Feb. 11, 2025: Speakers on Site (S.O.S.), a program of Cedar Valley Hospice, is offering educational presentations free of charge to businesses, churches or other organizations across the Cedar Valley. These presentations touch on various issues related to hospice and palliative care, grief, and death and dying. Each presentation is customizable to meet the needs of each individual group. Continuing Education Units are also available on some topics with a minimum presentation length of one hour.

Presentations are given by a Cedar Valley Hospice expert. Topics include, but are not limited to:

- Hospice 101: Provides an educational overview of hospice care, in addition to touching on all of Cedar
 Valley Hospice's available programs and services.
- Myths of Hospice: Discusses misconceptions regarding hospice care.
- Grief and Loss: Addresses the dynamics of grief, loss and bereavement of the dying person and their family.
- The Eucalyptus Tree Program: Explains Cedar Valley Hospice's youth program that provides support and care for children and families experiencing life-limiting illness or grieving a death.
- LINK Palliative Care: Describes Cedar Valley Hospice's palliative care program available for those who are still seeking curative treatment, needing assistance with symptom management, or who do not qualify for or who are not ready for hospice care.
- **CASS:** Discussion from a case manager about HIV/AIDS, including dispelling myths, prevention and support provided from the CASS program.
- Cedar Valley Hospice Home: Explains the purpose of the Hospice Home. May include a tour of the facility.

- Caring for the Caregiver: Provides education on emotional and practical caregiving tips to those who are caring for someone who has a serious illness or is dying.
- Advance Directives: Provides an overview of important documents, such as a living will or the IPOST, meant to communicate wishes at the end of life.

To view a complete list of S.O.S. topics, please visit cvhospice.org. For more information or to schedule a presentation, contact Annika Wall, community engagement specialist, at 319.272.2002 or <u>awall@cvhospice.org</u>.

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Established in 1979, Cedar Valley Hospice is the expert provider of hospice care in Northeast Iowa. As a non-profit, we uphold the highest standards for our employees who help families manage advanced illnesses and symptoms 24 hours a day. We provide care for all – regardless of age, diagnosis or ability to pay. Other services include: the area's only Hospice Home, palliative care, adult and children's grief programs, and case management for people living with HIV. Anyone can make a referral. It's never too early to call and find out what resources are available to you. For more information, visit cvhospice.org or call 800.626.2360.